



**Autonomie**

Independence through education and support

**Volunteer and make  
a difference to the lives  
of young people with  
additional needs**

# Be a Champion and Volunteer

**Passionate about empowering young people with disability?**

**Can you help deliver practical and fun activities programmes?**

**Do you have a couple of hours a month to spare?**

We are always looking for amazing people (especially young people) who are passionate about helping young people with disabilities and allied additional needs reach their potential and lead fuller and more independent lives.

## Interested?

Visit us at Lilac House, 4 Sandhurst Road, Belfast (we're close to Queen's University) and chat to our team over a coffee to find out more about how you can get involved!

Alternatively, to find out more call us on **028 9591 8051**, or email us at **hello@autonomie.org.uk**

You would be supporting a small thriving charity dedicated to empowering young people who are often isolated, vulnerable and excluded.

You would be joining a team of staff and volunteers at our South Belfast centre Lilac House (Linked Independent Living and Advice Centre) and would help deliver a range of practical activities programmes for our members.

There are lots of ways to get involved! Be part of our **What Next?** or **Freedom to Choose** programme delivery teams and help deliver practical learning that's fun!

We encourage active participation and young people are hands-on and those that can help deliver elements of our programmes!

We offer flexible opportunities and volunteers are given full training and support. Access NI essential.

If you have some time either weekly or monthly, we have options during weekdays and weekends.





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## FIND OUT MORE

[www.autonomie.org.uk](http://www.autonomie.org.uk)

### **Lilac House**

(Linked Independent  
Living and Advice Centre)  
4 Sandhurst Road  
Belfast BT7 1PW

T. 028 95918051

E. [hello@autonomie.org.uk](mailto:hello@autonomie.org.uk)

## KEEP IN TOUCH



@autonomieinfo

Patron: **Oliver Jeffers**

Charity Reg. No. **NIC100421**