

AUTONOMIE



Our Year in Review and Impact Report 2019/20



Autonomie
Independence through education and support

Chairman's Foreword



I have to say that Autonomie has had another successful year; we've made a bigger impact than before - supporting more young people with additional needs and families right across Belfast and surrounding areas.

We have now delivered two years of our What Next? programme to young people with additional needs who were already or at risk of becoming socially isolated.

During 2019-20 we increased membership of the Freedom2Choose project, increased our number of Volunteers, and provided additional support and self-care to the parents.

Although we had a highly successful year in our work with young people, we also sadly lost our Founder, Project Coordinator – Mr Trevor Boyle who passed away in December 2019.

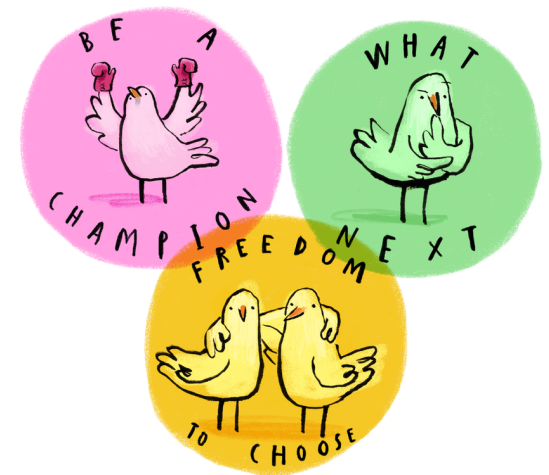
All in Autonomie will carry forward his visionary legacy. We've made huge progress but we're not stopping until the organisation's vision - a world where young people with additional needs can lead lives full of fun, friendship and rich in opportunities and independence - just like any other young person's - has become a reality.

This incoming year we are extending our services which supports this vision and our aim of Empowering Young People to live independent lives to the best of their individual ability.

As always, I am indebted to my fellow Trustees, our staff and volunteers who continue to support the organisation with passion and dedication.

Amidst the implications of changing and uncertain times, together we can continue to extend the impact of this vital organisation on the lives of young people with additional needs.

Thank you
Paul Jeffers, Chairman





Highlights

Just some of the highlights of the past year.

- Girls & boys sleepovers
- Fundraising quiz and disco
- Coffee Afternoon for Macmillan Cancer Support
- Volunteering & Millennium Volunteers Scheme
- Memory Jar for our founder Trevor Boyle
- What Next? shoebox appeal for the homeless
- Club night at Mac Club Beechlawn Hotel
- Young People's Youth Forum
- Freedom2Choose Christmas Lunch
- Health, exercise and fitness
- Belfast City Hall Tour
- Belfast Giants games
- Ten pin bowls
- Accessing public transport
- Summer Activity Week
- Movie Days
- Convenient Cookery
- Canvas painting
- Family BBQ

My daughter has benefitted so much by joining Autonomie, I can't thank them enough.

Parent

Autonomie is a cyber free zone so everyone is involved. It's good for making friends.

Aishling



Autonomie it great fun! You get to go on trips and watch others be happy.

Niamh



Plans for the future

The next year provides us with opportunities to further develop the range of services we offer young people with additional needs and their families.



New Chief Officer - Miss Lynne Morrison.



What Next? - We will diversify to provide services to wider geographical area.



Family Voice Hub - we will offer a drop-in support hub to parents & (siblings) raising a child / young person with additional needs.



Freedom2Choose - we will further develop the social programme for young people aged 16-25 years with additional needs.



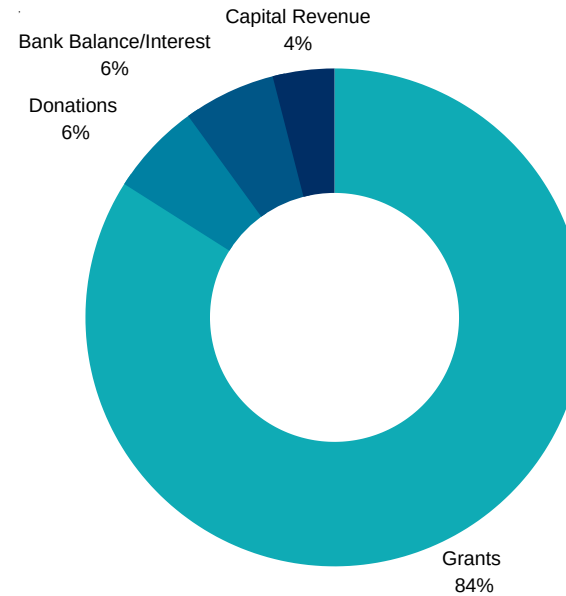
We will continue to listen to our young people with additional needs and develop appropriate services with they identify.

Thank you to our supporters

We would like to thank the Community Fund (NI) and all the organisations, foundations and partners for their fantastic support during 2019-20.

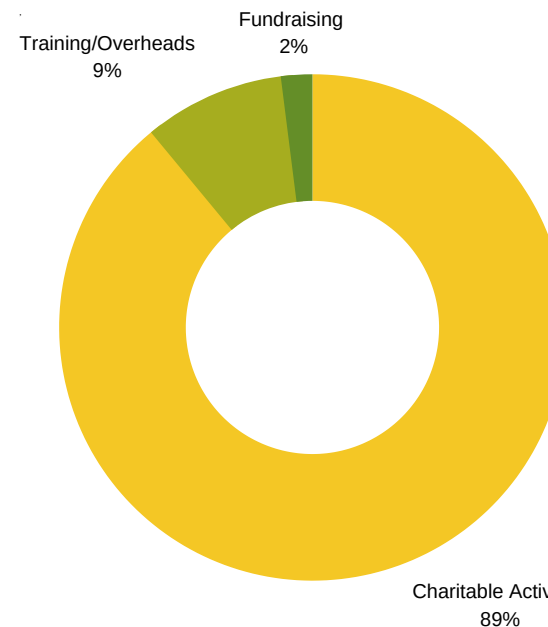


Financial overview



Income

Our total income for 2019/20 was £126,369.75. This was possible thanks to the generosity of all our supporters over the past 12 months. Our goal is to use their support as effectively as possible to ensure that every young person with additional needs can reach their potential.



Expenditure

In the last year our total expenditure was £117523.00. Off this, 89% was spent on delivering our life-changing charitable activities.



Autonomie

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Patron: Oliver Jeffers